



ELIAS GKOTSIS

Date of birth: 01/03/1967

Nationality: Greek

Gender: Male

CONTACT

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ABOUT ME

The establishment of SYNIXISEIS is an old dream that aims to create a space in which a complex psychotherapeutic model will be developed that will have as its main concern the individualized care of people seeking for support.

In my personal life I am married, I have a daughter and I love music, animals, reading and writing literary and scientific texts.

EDUCATION AND TRAINING

07/2017 – Greece

- **Inclusion in the Register of Trainers of NCPALG**
National Centre for Public Administration and Local Government
Address Greece

06/2001 – Greece

- **Certification as a Counsellor in Substance Abuse**
ICRC Scientific Committee
Address Greece

10/1999 – Greece

- **Certification by the Ministry of Health and Welfare and Inclusion in the Register of Assessors**
Address Greece

1994 – 1999 – Greece

- **Training in the Laboratory for the Investigation of Human Relations in Systemic and Family Therapy**
Address Greece

1988 – Athens, Greece

- **Department of Sociology**
Panteion University
Address Athens, Greece

VOLUNTEERING

1992 – 1994

- **Volunteering at the therapeutic programs of the Rehab Unit "18 ANO".**

WORK EXPERIENCE

08/1995 – CURRENT – Athens, Greece

- **Prevention staff - Therapist - Supervisor**
OKANA (Greek Organization Against Drugs)
Since 8/1995 I started working at the OKANA (Greek Organization Against Drugs) as a Prevention staff. From 1999 to 11/2001 I worked as a therapist of Substitution and from 11/2001 to 2015 I was the

Scientific Supervisor in the Adolescent Unit ATRAPOS of OKANA. My therapeutic work at OKANA includes individual, group and family therapy. As a Supervisor at the ATRAPOS Unit, I supervised the scientific and therapeutic staff.

12/2017 – 08/2021 – Greece

Supervisor of the Department of Training and Development of Human Resources OKANA (Greek Organization Against Drugs)

Supervisor of the Department of Training and Development of Human Resources, of OKANA (Organization Against Drugs). During the period I have been responsible for the design and implementation of training activities for employees of OKANA and of Prevention Centres, there has been a great expansion of the training activities implemented by the Organization.

Here are some of them in detail:

- Development of a framework for cooperation with the NCPALG (National Centre of Public Administration and Local Government) (EKDDA in its Greek initials). In the framework of this cooperation, the Organization submitted a proposal and undertook, as implementing agency, an educational action entitled "Policies for Intervention in Addiction Issues". The educational action aims to familiarise public sector workers with the issue of addictions.
- Design and implementation of educational activities for the Postgraduate Students attending the Programme: "Addiction Clinics", implemented by the Department of Psychology of the University of Rethymno
- Design and implementation of a series of educational actions implemented in Athens, Rethymno and Thessaloniki, with the participation of employees from Prevention Centres and Community Organisations, such as NGOs for refugees or NGOs for homeless people.
- Design and implementation of educational activities for Child Protection Organizations and Agencies, such as SOS Children's Villages, KIBOTOS of the World, The Smile of a Child (To Chamogelo tou Pediou).
- Design and implementation of short and long term training courses that enhanced the professional skills of the employees of the Prevention Centres and the employees of OKANA. Such as: - Family Therapy: Utilization in Prevention and Therapy -Expressive Means and Experiential Practices - Educational actions for Interculturalism -Team Dynamics - Experiential interventions in parent groups and Primary Prevention - Educational actions for nursing staff. I had the scientific supervision and responsibility in specialized actions.
- Training activities in the Systemic Complex Model of Appreciative Inquiry, which is based on and utilizes Appreciative Systemic Inquiry. Up to now, almost 350 professionals have participated in these actions from the field of Prevention Centres, OKANA, KETHEA, Child Protection Agencies, NGOs dealing with refugees and Juvenile Welfare Officers. In the context of this training, many Prevention Centres throughout Greece implement actions both in the school community and in groups of the general population, based on the educational material on which they are trained by OKANA.
- Design, organization and writing of primary prevention training manuals based on the Systemic Complex Model of Appreciative Inquiry and Appreciative Systemic Inquiry.
- Scientific supervision in focused or pilot prevention actions. Specifically, in the context of my duties as the scientific supervisor responsible for the design of educational actions in the OKANA

10/2015 – 05/06/2016 – Greece

Supervisor and Trainer

OKANA (Greek Organization Against Drugs)

Supervisor at the Training and Supervision Centre of OKANA (KEE in its Greek initials). As part of my duties, I worked on reforming the Training and Supervision Centre and on giving proposals for the formulation of the Centre's educational policy. During my time as a Scientific Supervisor of the Training and Supervision Centre, I contributed enhancing the Centre through implementing many training courses for the executive employees of the Prevention Centres and the employees of OKANA.

06/2014 – 09/2014 – Greece

Scientific supervision and trainer

OKANA

Scientific Supervisor and Trainer of a team of employees in the project "Alternatives to incarceration", implemented by OKANA, under the Partnership Agreement (ESPA in its Greek initials). My duties included the training of staff on issues related to approaching adolescent abusers and their families and the team clinical supervision while managing cases.

01/09/2003 – 30/11/2004 – Greece

Psychological support

Koridallos prison

In the framework of the Equal project, I worked in Korydallos prison. The main goal of this project was to create a group of prisoners that they were willing to be provided with psychological support and later on

to be supported by the prisoners' rehabilitation centre. The therapeutic model I worked with was primarily based on Narrative Practices and Appreciative Systemic Inquiry.

01/03/1993 – 30/05/1993 – Athens, Greece

Psychosocial Factors and Health

Psychology Department of the Psychiatric Clinic of Medical School of the University of Athens

I participated in the Epidemiological Survey on the topic "Psychosocial Factors and Health" as a team leader and as a collaborator in data checking and coding. The survey was organized by the Psychology Department of the Psychiatric Clinic of Medical School of the University of Athens.

CONFERENCES AND SEMINARS

27/05/2017

The use of Appreciative Systemic Inquiry and the connection with the reserves, capacities, values, and inner strengths of systems towards the creation of safe and caring environments in the School Community

Presentation titled "The use of Appreciative Systemic Inquiry and the connection with the reserves, capacities, values, and inner strengths of systems towards the creation of safe and caring environments in the School Community". The presentation was made in the context of a workshop organized by the Institute of Educational policy (IEP) on "Social Learning and Mental Resilience: Innovative Practices and Experiential Activities in a School for All".

14/04/2016 – 17/04/2016

"Education and Identity in Organizations"

Presentation at the 24th National (Panhellenic) Conference of Psychiatry on topic "Education and Identity in Organizations"

22/10/2014 – 25/10/2014

Adolescence, substance abuse and the establishment of alternative treatment interventions

Presentation at the International Healthy Cities Conference on "Adolescence, substance abuse and the establishment of alternative treatment interventions".

02/2014

Substance Addiction and the economic crisis as mechanisms of disruption and deconstruction of mental realities

Presentation at the International Psychiatric Conference which was organized in Athens in the winter of 2014 on topic "Substance Addiction and the economic crisis as mechanisms of disruption and deconstruction of mental realities"

12/05/2008 – 13/05/2008

Network Treatment. The meeting of the offending abuser and his family with the stakeholders in order to develop pluralism for therapeutic change

Presentation at the two-day conference "Interdisciplinarity and interpartnership for the social integration of the juvenile offender", organized by the Association of Greek Judges of Juveniles and the Laboratory of Criminal and Criminological Research of the Law School of the University of Athens, on the topic: "Network Treatment. The meeting of the offending abuser and his family with the stakeholders in order to develop pluralism for therapeutic change"

25/05/2007 – 27/05/2007

Dialogue and pluralism, through the reflective process, as a counterweight to "addictive discourse"

Announcement at the International Interdisciplinary Conference in Rethymno: Perspectives and Limits of Dialogism in Mikhail Bakhtin. Applications in psychology, art, education and culture, on the topic : "Dialogue and pluralism, through the reflective process, as a counterweight to "addictive discourse" (to be published in the conference proceedings).

11/11/2006

Addiction in the 21st century

Adolescence and substance abuse in modern reality. Presentation at the conference organized by the Hellenic Association for Counselling in Athens on the topic "Addiction in the 21st century".

14/04/2005 – 16/04/2005

The Narrative Approach in Family Treatment of Addictions

resentation at the two-day conference organized by the University Research Institute of Mental Health on: "The Narrative Approach in Family Treatment of Addictions"

08/04/2005 – 10/04/2005

ATRAPOS, Therapeutic Program for Adolescent Rehabilitation: a systemic proposal

Announcement at the 4th Greek Scientific Meeting of Family and Systemic Psychotherapy on the topic "ATRAPOS, Therapeutic Program for Adolescent Rehabilitation: a systemic proposal"

08/04/2005 – 10/04/2005

Narrative Genealogy

Experiential Workshop at the 4th National (Panhellenic) Scientific Meeting of Family and Systemic Psychotherapy on the topic: "Narrative Genealogy"

12/06/2003 – 13/06/2003

Network of Intersectional Approach and early intervention in substance abuse

Announcement at the European Conference "New approaches and early intervention methods for the prevention of drug addiction and delinquency among young people who abuse drugs". The conference was organised by OKANA, during the Greek Presidency of the European Union. Title: "Network of Intersectional Approach and early intervention in substance abuse"

25/10/2000 – 26/10/2000

The philosophy of prevention programs and their integration in the local community. A sociological approach based on systems theory

4th National Meeting for Addictive Substances Prevention. Title: "The philosophy of prevention programs and their integration in the local community. A sociological approach based on systems theory"

12/11/1997 – 15/11/1997

"Evaluation of the implementation and effectiveness of a training programme about Secondary Prevention to Secondary education teachers"

3rd National Meeting for the Prevention of Addictive Substances. Title: "Evaluation of the implementation and effectiveness of a training programme about Secondary Prevention to Secondary education teachers"

14/02/1996 – 15/02/1996

"Educational programmes / Department of Prevention - Education of OKANA"

Since 1992 to the present day I have attended numerous workshops on the prevention of substance abuse and treatment of individuals with drug addiction (substance use disorder). I have also attended numerous workshops on Family Therapy. Announcements at conferences and scientific meetings:

15/2/1996: Announcement at the 1st FORUM of Training, Psychotherapy and Counselling Centres, held in Athens on 14-15/2/1996, on the topic: "Educational programmes / Department of Prevention - Education of OKANA"

EDUCATIONAL SEMINARS

05/2019

tackling homophobia and transphobia in the school community, implemented in the framework of the Hombat project

A 12-hour training seminar on tackling homophobia and transphobia in the school community, implemented in the framework of the Hombat project.

03/2018

Awareness-raising on gender identity and sexual orientation issues

A 24-hour training seminar on: Awareness-raising on gender identity and sexual orientation issues, which was implemented by Line 11528.

09/2014 – 06/2015

Systems Representation Approach

A 140-hour annual training programme in the Systems Representation Approach.

03/2005 – 11/2008

Appreciative Systemic Exploration: therapist's Growth Days

Educational Program on the topic: "Appreciative Systemic Exploration: therapist's Growth Days". It was organized by the Centre for Systemic Therapy and it was directed by Smaro Markou-Tsagarakis, in collaboration with the Kensington Consultation Center Foundation, London. Duration 100 hours.

18/01/2003 – 31/12/2003

Systemic Appreciative Inquiry: Systemic Counselling and Leadership in Organizations

A 200-hour training seminar on the topic "Systemic Appreciative Inquiry: Systemic Counselling and Leadership in Organizations", organised by the Center for Systemic Therapy in collaboration with the Kensington Consultation Center Foundation.

08/11/2001 – 13/06/2002

Psychopathology of adolescence

Training seminar on: "Psychopathology of adolescence", which was organized by the Department of Adolescents and Young People of the General Hospital C. GENNIMATAS

25/10/2001 – 27/06/2002

Psychotherapy in adolescence

Training seminar on: "Psychotherapy in adolescence", which was organized by the Department of Adolescents and Young People of the General Hospital C. GENIMATAS

07/04/2001 – 08/04/2001

Narrative Techniques and Psychotherapy

Training seminar on: "Narrative Techniques and Psychotherapy", lasting 15 hours, organized by the Human Relationship Research Laboratory.

1999 – 2001

Counselling in the Field of Drug Addiction. Knowledge, Skills and Attitude in Professional Practice

Training programme of 180 hours by KETHEA (Therapy Centre For Addicted Individuals) and the University of California, San Diego, under the title: "Counselling in the Field of Drug Addiction. Knowledge, Skills and Attitude in Professional Practice"

08/04/2000

Narratives and stories

Seminar, lasting 10 hours, with Peter Lang on: "Narratives and stories". Organized by the Center for Systemic Therapy

1997

Training programs in Primary Prevention

Training programs in Primary Prevention lasting of 30 hours. The programme was implemented by "KETHEA" (Therapy Centre For Addicted Individuals), in collaboration with TACADE.

1996

Training programs in Primary Prevention.

The seminars lasted 60 hours. The programs were implemented by OKANA (Organization Against Drugs).

1995

Training programme in Technique Approaches of Groups.

The programme was implemented by the Human Relations Research Laboratory and had a duration of 60 hours.

1992

Training Programme for New Graduates in Special Therapeutic

Training Programme for New Graduates in Special Therapeutic Education, of one year duration (700 hours of theoretical training and 350 hours of practical training). The programme was implemented by the Centre of Mental Health.

EDUCATIONAL EXPERIENCE AT OKANA

1996 – 2021

Trainer

From 1996 to August 2021 I participated as a trainer in the following seminars, organized and implemented by OKANA and I have **2000 hours of training experience** in this context. In detail:

18-22/3/1996: 5-day educational / experiential seminar for teachers of Secondary Education at the Municipality of Ilioupolis. 20-24/5/1996: 5 -day educational / experiential seminar for teachers of Secondary Education at the Municipality of Heraklion, Crete. 6/97 – 7/97: Educational / experiential workshops for Health executives of the Municipalities of Ag. Anargyroi, Ilioupolis, Agia Paraskevi.

26-28/1/1998: 3-day experiential / educational workshop for Health and Social Services executives in the Prefecture of Trikala. 6-8/2/1998: 3-day Experiential Workshop for parents in the Prefecture of Trikala.

17-19/3/1998: 3-day Experiential Workshop for parents in the Prefecture of Arta.

2-13/5/1998: 2-day awareness seminar for fitness trainers at the Municipal Sports Organization of the Municipality of Ag. Varvara, Attica.

23-27/9/1998: 5-day educational / experiential seminar for Prevention Executives at Providence of Xanthi.

14/10/1998-27/5/99: educational / experiential seminar for teachers in Vocational Training Schools of The Greek Organization of Unemployment (OAED in its Greek initials), lasting 58 hours.

3-4/11/1998: 2-day awareness seminar for teachers of secondary education in the Prefecture of Xanthi.

17/11/1998: 3-day seminar for Local Government officials from the Region of Thrace, in the framework of the 3rd European Prevention Week. 29/1/1999 – 1/2/1999: 4-day training seminar for health workers and volunteers in the Prefecture of Xanthi. 16-18/2/1999: 3-day training seminar for teachers of Secondary Education in the Prefecture of Rodopi.

1996 – 2021

Trainer

31/3/2000: Training seminar for staff of Prevention Centres which was implemented in Rethymno.

6/2003: 10 hours of training to executives of institutions (members of the Athens Bar Association), during the Equal course program

September 2010 to June 2011: Member of the scientific training team that designed and implemented a training course for supervisors, at the Centre for Systemic Therapy.

September 2015 – December 2015: Training of the scientific teams of the "Alternatives to imprisonment" programs in Athens and Thessaloniki. The training programs lasted 50 hours

May-June 2015: Training Officers of Prevention Centre on: "Using the experiential approach in working with groups". Were implemented 2 six-day seminars implemented, with a total duration of 60 hours.

September 2015 - June 2016 : Scientific Supervisor and Key Trainer of the 120-hour training programme entitled "Family Therapy and addiction", which was implemented at the Training and Supervision Centre of OKANA and which was attended by employees of prevention centres, OKANA, KETHEA and the Juvenile Probation Service.

September 2016 - June 2018: Scientific Supervisor and Key Trainer of the 120-hour training programme entitled "Family treatment and addiction"

September 2016 - December 2018: Scientific Supervisor, together with Ms. Amalia Atsalaki, Clinical Psychologist and Psychotherapist Through Art and trainer in the training programme entitled "The use of expressive means and experiential practices in prevention and therapy", which was implemented at the Training and Supervision Centre of the OKANA and in which participated employees of Prevention Centres, of OKANA, of KETHEA and of Juvenile Probation Service.

February 2016 - August 2021: Designing, organizing and implementing of training activities for executives of Prevention Centres, therapists from structures of the OKANA and employees of the administrative services of OKANA and the Prevention Centres. The training programmes, for which I had the scientific responsibility for their design and implementation, were mainly experiential and supervisory training seminars.

February 2016 - August 2021: Designing, organizing and implementing training activities with a central focus on the approach of the Appreciative Systemic Inquiry for executives of Prevention Centres, Employees of Child Protection Organizations, Therapists from the organizations of OKANA and KETHEA, Health Education and Youth Counselling Centres of the Ministry of Education, employees of NGOs dealing with refugees

EDUCATIONAL EXPERIENCE AT SYNIXISEIS - CENTER FOR SYSTEMIC APPRECIATIVE PSYCHOTHERAPY AND EDUCATION

2020 - CURRENT

Scientific responsibility

At Synixiseis I have the scientific responsibility for the implementation of training activities for mental health professionals, social scientists and humanities graduates from September 2020 to date. In detail, the following actions have been or are being implemented: The utilization of the appreciative - collaborative and dialogic approach in psychotherapy, counselling and team coordination in the clinical field. Co-creating relationships and dialogues about mental resilience, reserves and meaning. Duration 120 hours.

- Trauma, stress, empathy, inclusion! Practices and theories of transitions on the spectrum of resilience and vulnerability in mental health. Duration 150 hours.

- Comprehensive long-term training course in Systemic Counseling and Psychotherapy with focus on Appreciative, Collaborative, Narrative and Behavioral practices. Approved and certified by the Hellenic Association for Counseling. Duration 4 years.

<https://synixiseis.gr/>

PARTNERSHIPS AND PROJECT DEVELOPMENT

External Scientific Collaborator

I participated as an external partner in a collaboration project with the Civinet group and several municipalities on Sustainable Urban Mobility Planning. The Civic Urban Mobility Plan is a comprehensive Strategic Plan for improving the movement of people and goods in a region and is developed in cooperation with local authorities, specialised scientists, and residents and professionals of the region themselves.

I participated as an external scientific collaborator of the RAINBOW SCHOOL (Polichormo Scholio) in an educational action on the axis of Inclusive Comprehensive Sexual Education, which was organized in cooperation with the Region of Attica. The action is addressed to workers in childcare facilities.

THERAPEUTIC EXPERIENCE

Hours of experience

Since 1998 up to 2015, I have provided at OKANA:

- 10,500 hours in counselling at individual and group level
- 800 hours as a family therapist
- I have been working in the private sector since 2002, providing individual, group and family meetings. The methodology of my therapeutic approach is based on the systemic approach, on interactive practices and experiential expression

PARTICIPATION IN CONFERENCES-SEMINARS

11/2021

"Powers, Systems and Relationships. Who has the last word?"

Announcement at the two-day conference organized by Systemic Society of Northern Greece on the topic: "Powers, Systems and Relationships. Who has the last word?" The announcement was entitled: "Reflections on the ethics of inclusion in psychotherapy"

05/2021

Reflective practices for an ethical approach of inclusion in psychotherapy

Experiential workshop at the workshop which was organized by the systemic magazine METALOGOS on "Active Wisdom in times of Complexity - wise activism and wisdom with action?" The workshop was entitled Reflective practices for an ethical approach of inclusion in psychotherapy.

01/2021

"Searching for alternative forms of narrative and the broadening of the dialogue in the therapeutic field"

Announcement at the conference organized by the Institute of Mental Expression in collaboration with the Interdepartmental Postgraduate Programme "Applied - Clinical Sociology and Art" (University of the Aegean & University of Western Macedonia) "Expressive Arts, Narrative and Social Self". The paper was

entitled: "Searching for alternative forms of narrative and the broadening of the dialogue in the therapeutic field".

06/2019

● **"Working with the unfamiliar in the school community: Voices that limit and voices that facilitate. Challenges for Appreciative Looks and Appreciative Practices"**

Implementation of an experiential workshop on the topic "Working with the unfamiliar in the school community: Voices that limit and voices that facilitate. Challenges for Appreciative Looks and Appreciative Practices". The workshop was held as part of the two-day workshop on: "Gender discrimination, gender identity and sexuality: inclusive education as a policy to prevent school exclusion"

12/2018

● **"Social and Political Dimensions of Psychotherapy"**

Implementation of an experiential workshop on "Working with the unfamiliar: Voices that limit and voices that facilitate. Challenges for Appreciative Looks and Appreciative Practices". The workshop was implemented in the framework of a scientific workshop organized by the National Organization for Psychotherapy of Greece (NOSG), on topic "Social and Political Dimensions of Psychotherapy".

12/2018

● **"Social and Political Dimensions of Psychotherapy"**

Presentation, together with Ioanna Papadopoulou and Aspasia Gountouna, on "Presentation of a Pilot Intervention of Primary Prevention in a Foster Parents Group". The presentation was implemented in the context of a scientific conference organized by the National Organization for Psychotherapy of Greece (NOSG), on the topic "Social and Political Dimensions of Psychotherapy"

12/2018

● **"Working with the unfamiliar: Voices that limit and voices that facilitate. Challenges for Appreciative Gazes and Appreciative Practices"**

Implementation of an experiential workshop on "Working with the unfamiliar: Voices that limit and voices that facilitate. Challenges for Appreciative Gazes and Appreciative Practices". The workshop was implemented in the framework of the scientific workshop organized by the Greek Society for Systemic Therapy entitled: "Psychotherapy and Sexuality"

06/2018

● **"The connection with skills and assets as a means to create safe landscapes in the school community"**

Report, entitled: "The connection with skills and assets as a means to create safe landscapes in the school community", at the 5th International Conference of the European Anti-Bullying Network (EAN) entitled "From bullying to anti-bullying: moving forward", that was organized by The Smile of the Child (To Chamogelo tou Pediou)

05/2018

● **"Family Appreciative Geneology of the Landscape"**

Presentation and experiential workshop at the national (Panhellenic) meeting organized by the Scientific Systemic magazine METALOGOS and the Systemic Association of Northern Greece, on the topic of relationships in the Third Age. The topic of the workshop was "Family Appreciative Geneology of the Landscape"

05/2018

● **"The Function of Education as a Means of Empowerment and Change for Individuals, Groups, Organizations and Communities"**

Collective presentation with Mrs. Kiapoka, at the National (Panhellenic) Psychiatric Conference, held in Kos. The topic of the presentation was: "The Function of Education as a Means of Empowerment and Change for Individuals, Groups, Organizations and Communities"

12/2017

● **1st Symposium on the Appreciative Systemic Approach**

Implementation of an experiential workshop on Family Appreciative Genogram, at the 1st Symposium on the Appreciative Systemic Approach in Greece.

27/11/2017

● **"Education and social exclusion"**

Presentation entitled "Education and social exclusion". The presentation was made in the context of a workshop co-organized by OKANA and the Technological Educational Institute of Athens entitled "The social impact of the economic recession on vulnerable groups of the population"

11/2017

"Family Appreciative Geneology of the Landscape"

Presentation and experiential workshop at the 11th National (Panhellenic) Meeting of Prevention Agencies in Syros. The topic of the workshop was the "Family Appreciative Geneology of the Landscape"

29/09/2017 – 01/10/2017

"The Use of Situational Systemic Inquiry and Narrative and Collaborative Practices for the Training of Prevention Center Staff and the Designing of School Community Interventions."

Presentation entitled "The Use of Situational Systemic Inquiry and Narrative and Collaborative Practices for the Training of Prevention Center Staff and the Designing of School Community Interventions. The connection with reserves and abilities as a means to enhance the self-esteem of children and adolescents". The presentation was made in the framework of the 10th Panhellenic Child Psychiatric Conference, which took place in Athens, Greece

27/05/2017

"The use of Appreciative Systemic Inquiry and the connection with the reserves, capacities, values, and inner strengths of systems towards the creation of safe and caring environments in the School Community".

Presentation titled "The use of Appreciative Systemic Inquiry and the connection with the reserves, capacities, values, and inner strengths of systems towards the creation of safe and caring environments in the School Community". The presentation was made in the context of a workshop organized by the Institute of Educational policy (IEP) on "Social Learning and Mental Resilience: Innovative Practices and Experiential Activities in a School for All"

14/04/2016 – 17/04/2016

"Education and Identity in Organizations"

Presentation at the 24th National (Panhellenic) Conference of Psychiatry on topic "Education and Identity in Organizations"

22/10/2014 – 25/10/2014

"Adolescence, substance abuse and the establishment of alternative treatment interventions"

Presentation at the International Healthy Cities Conference on "Adolescence, substance abuse and the establishment of alternative treatment interventions".

02/2014

"Substance Addiction and the economic crisis as mechanisms of disruption and deconstruction of mental realities"

Presentation at the International Psychiatric Conference which was organized in Athens in the winter of 2014 on topic "Substance Addiction and the economic crisis as mechanisms of disruption and deconstruction of mental realities"

12/05/2008 – 13/05/2008

"Network Treatment. The meeting of the offending abuser and his family with the stakeholders in order to develop pluralism for therapeutic change"

Presentation at the two-day conference "Interdisciplinarity and interpartnership for the social integration of the juvenile offender", organized by the Association of Greek Judges of Juveniles and the Laboratory of Criminal and Criminological Research of the Law School of the University of Athens, on the topic: "Network Treatment. The meeting of the offending abuser and his family with the stakeholders in order to develop pluralism for therapeutic change"

25/05/2007 – 27/05/2007

"Dialogue and pluralism, through the reflective process, as a counterweight to "addictive discourse"

Announcement at the International Interdisciplinary Conference in Rethymno: Perspectives and Limits of Dialogism in Mikhail Bakhtin. Applications in psychology, art, education and culture, on the topic : "Dialogue and pluralism, through the reflective process, as a counterweight to "addictive discourse" (to be published in the conference proceedings).

11/11/2006

"Addiction in the 21st century"

Adolescence and substance abuse in modern reality. Presentation at the conference organized by the Hellenic Association for Counselling in Athens on the topic "Addiction in the 21st century".

14/04/2005 – 16/04/2005

"The Narrative Approach in Family Treatment of Addictions"

Presentation at the two-day conference organized by the University Research Institute of Mental Health on: "The Narrative Approach in Family Treatment of Addictions"

08/04/2005 – 10/04/2005

"ATRAPOS, Therapeutic Program for Adolescent Rehabilitation: a systemic proposal"

Announcement at the 4th Greek Scientific Meeting of Family and Systemic Psychotherapy on the topic "ATRAPOS, Therapeutic Program for Adolescent Rehabilitation: a systemic proposal"

08/04/2005 – 10/04/2005

"Narrative Genealogy"

Experiential Workshop at the 4th National (Panhellenic) Scientific Meeting of Family and Systemic Psychotherapy on the topic: "Narrative Genealogy"

12/06/2003 – 13/06/2003

"Network of Intersectional Approach and early intervention in substance abuse"

Announcement at the European Conference "New approaches and early intervention methods for the prevention of drug addiction and delinquency among young people who abuse drugs". The conference was organized by OKANA, during the Greek Presidency of the European Union. Title: "Network of Intersectional Approach and early intervention in substance abuse".

25/10/2000 – 26/10/2000

"The philosophy of prevention programs and their integration in the local community. A sociological approach based on systems theory"

4th National Meeting for Addictive Substances Prevention. Title: "The philosophy of prevention programs and their integration in the local community. A sociological approach based on systems theory".

12/11/1997 – 15/11/1997

"Evaluation of the implementation and effectiveness of a training programme about Secondary Prevention to Secondary education teachers"

3rd National Meeting for the Prevention of Addictive Substances. Title: "Evaluation of the implementation and effectiveness of a training programme about Secondary Prevention to Secondary education teachers"

15/02/1996

1st FORUM of Training, Psychotherapy and Counselling Centres

Announcement at the 1st FORUM of Training, Psychotherapy and Counselling Centres, held in Athens on 14-15/2/1996, on the topic: "Educational programmes / Department of Prevention - Education of OKANA"

SUPERVISION

Scientific Responsibility and Supervision

While working at OKANA I worked in key positions and I had the scientific responsibility and supervision for both the therapeutic work and the smooth-running of the projects. While working there, there have been registered 1000 hours of me as a supervisor in the clinical field.

☞ At SYNICHISEIS I provide individual and group supervision and I have developed a model of collaborative and experiential peer supervision based on the Collaborative Approach, Appreciative Systemic Inquiry, reflective practices and experiential learning.

☞ During the period March 2021 to December 2021 I was responsible for the supervision of three teams at METAdrasi - Action for Migration & Development, which is an NGO that is active in the field of refugees.

MEMBER OF SCIENTIFIC ASSOCIATIONS

CURRENT

● **Full member of EFTA (EUROPEAN FAMILY THERAPY ASSOCIATION)**

CURRENT

● **Full member of the Greek Society of Systemic Therapy (ELESYTH in its Greek initials)**

CURRENT

● **Full member of the Hellenic Association for Counselling (EES in its Greek initials)**

CURRENT

● **Member of the National Organization for Psychotherapy of Greece (NOPG) and the European Association for Psychotherapy (EAP)**

PUBLICATIONS

● **Uncertainty, Hope and Utopia**

2021

Uncertainty, Hope and Utopia, Ilias Gotsis and Anna S. Kiapoka. International Journal of Appreciative Inquiry Practitioner, Volume 23 Number 1 February 2021

● **The hidden allure of patriarchy**

2021 <https://www.documentonews.gr/article/hlias-gkotsis-h-kryfi-goiteia-tis-patriarxias/>

● **Working with the unfamiliar: Voices that limit and voices that facilitate**

2021 <https://www.psychologynow.gr/arthra-psyxologias/oikogeneia-kai-paidi/oikogeneia/9980-douleyontas-me-to-anoikeio-fones-pou-periorizoun-kai-fones-pou-diefkoloun.html>

● **"Notes, glances and reflections while organising human experience"**

2020

"Notes, glances and reflections while organising human experience". Gotsis Ilias , Anna Kiapoka. Metalogos 2020 issue 37

● **Reflections on the experience of psychotherapists through a collaborative perspective**

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● Substance addiction and the economic crisis as mechanisms of disruption and deconstruction of mental realities

2015

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● Contrast to the monological nature of addiction

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● Treatment of Substance Abuse

2004

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2001

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1998

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● Evaluation of parenting seminars implemented

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WRITING BOOKS

03/2022

● "Crisis and Transformations. Dialogues on meaning, (psycho)therapy and life"

In March of 2022 my fourth book will be released by ARMOS Publications, entitled: "Crisis and Transformations. Dialogues on meaning, (psycho)therapy and life".

06/2020

● "DREAMING (ONIROTOPIA): Narratives of Mental Resilience in Difficult Times"

In June of 2020, my third book, entitled "DREAMING (ONIROTOPIA): Narratives of Mental Resilience in Difficult Times", was published by ARMOS Publishing.

10/2019

● **"Systemic Complex Model of Appreciative Inquiry"**

In October of 2019, my second book was published by ARMOS Publications describing "Systemic Complex Model of Appreciative Inquiry", entitled "Grammar of Stocks".

03/2018

● **"A Little Unknown Sorrow"**

In March of 2018, my first literary book was released, an experiential psychological novel entitled: "A Little Unknown Sorrow", by ARMOS Publications.